



# COMMUNITY BOARD

**FOR PLUMPTON STUDENTS**

Week beginning 26<sup>th</sup> February 2024

# UPCOMING EVENTS

Events that are coming up in the next week or two that you need to know about

**English Mock exams** week beginning Monday 26<sup>th</sup> February

On the day of your exam: Go to the top common room to check-in

If your usual English lessons are on a Thursday your mock will be on Thursday 7<sup>th</sup> March (due to the INSET day on 29<sup>th</sup> Feb)

If you are unsure email [englishandmaths@plumpton.ac.uk](mailto:englishandmaths@plumpton.ac.uk) or pop into the office downstairs.

If you are in early and need somewhere to revise, rooms are available for quiet revision sessions from 9am-10am.

Revision rooms

	Date	Room
Monday	26th Feb	MBG5
Tuesday	27th Feb	MM1
Wednesday	28th Feb	MM1
Thursday	29th Feb	INSET
Friday	1st Mar	MBF19
Thursday	7th March	MBF19

Thursday 29<sup>th</sup> February is an INSET day – students are not required to attend college



# National Careers week 2024

4<sup>th</sup>-9<sup>th</sup> March



- **National Careers Week** is a celebration of careers guidance in education across the UK
  - **What's happening?**
  - Careers in personal development sessions – Take part in the **National Careers week quiz** on careers and options.
  - Download the latest edition of [the Careers Download](#) for useful careers information and resources.
  - Look out for our **National Careers week noticeboard** (by the canteen).
- Visit the National Careers week **Virtual careers fair** at [ncw2024.co.uk/](http://ncw2024.co.uk/) with over a 100 exhibitors
  - Find out more about Apprenticeships by taking part in **The Apprentice escape room**. Get a team together and book a slot in enrichment using this code



# UPCOMING EVENTS

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## Young Carers Action Day

Wednesday 13th March 2024

Being a young carer can be an amazing thing, but it can also be tough, and impact young people's wellbeing and ability to thrive. **One in three** young carers **struggle** to balance caring with education, meaning they can miss out on opportunities to learn, earn, and thrive.

Plumpton College are raising awareness of what it means to be a young carer, and offering resources to support people who are struggling.

**Our Carer's Day Information Desk will be located between the Bottom Common Room and the Dining Room.**

*If you are a carer, or would like more information, come and see us or pop into the HR Meeting room for a 1-2-1 between 11:30am and 13:30pm.*



PLUMPTON  
COLLEGE



# COLLEGE THEME

# LIVING IN THE WIDER WORLD



**SKILLS FOR LIFE**

Voting  
Careers  
Futures  
Finance  
Your Voice



PLUMPTON COLLEGE  
PERSONAL DEVELOPMENT TEAM

Concern yourself more  
with accepting responsibility  
than with assigning blame.

Let the possibilities  
inspire you more than the  
obstacles discourage you.

Ralph Marston



[outofstress.com](http://outofstress.com)

# Work Experience

## Make sure you have added your workplace to ProPortal

- Reminder of the hours required\*:
  - Level 1 study 35-37 hours
  - Level 2 study 75 hours
  - Level 3 study 150 hours

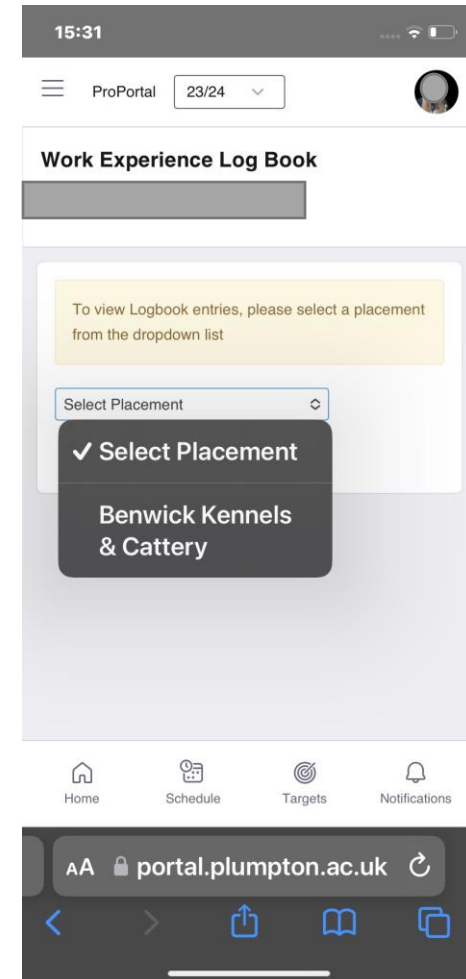
\*check with your programme manager

If you do not complete the required number of hours you risk not gaining your qualification

For support, email:

[workexperience@plumpton.ac.uk](mailto:workexperience@plumpton.ac.uk)

Log your placement and hours on ProPortal now.



Continues during the  
Enrichment time  
Tuesdays, Wednesdays  
and Thursdays 3-4pm  
Book your team in now  
😊



QR code

BOOK IN HERE

EST. 1926  
PLUMPTON  
COLLEGE

The Careers Team presents...

**---THE APPRENTICE---**  
**-- ESCAPE ROOM --**

Book in during your enrichment sessions this half term!

# Brussels Trip

Thurs 26th Sept to Sat 28th Sept 2024

- Planète Chocolat – Belgium Chocolate Workshop Experience
- Atomium Experience – Most popular tourist attraction in Brussels
- Oxfam Mondiapolis Immersion – Interactive Workshop
- Mini Europe Experience – Unique miniature wonders of Europe
- Travelling by Eurostar

Trip focus: Sustainability & Personal Development

For all the information and to book look at your Plumpton emails and book via the online Plumpton Shop





# NEW ENRICHMENT ACTIVITIES FOR THIS TERM

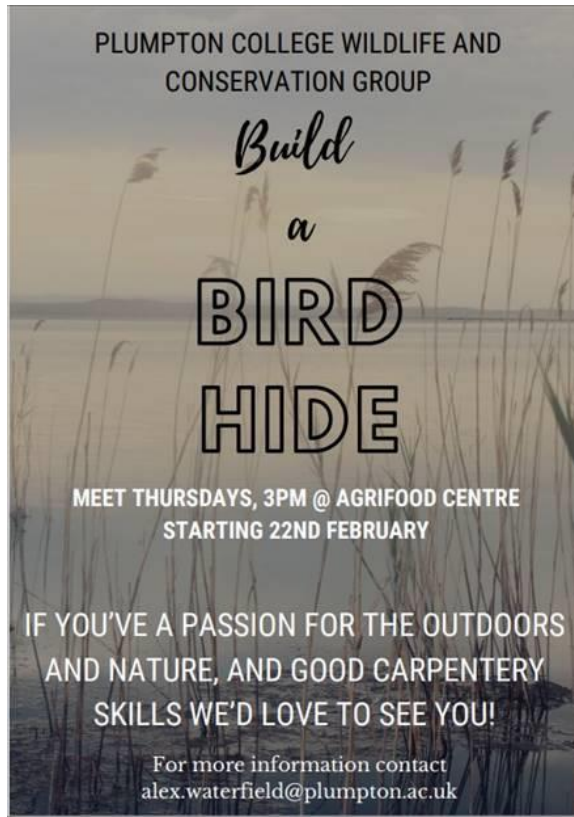
PLUMPTON COLLEGE WILDLIFE AND CONSERVATION GROUP

*Build a*  
**BIRD HIDE**

MEET THURSDAYS, 3PM @ AGRIFOOD CENTRE  
STARTING 22ND FEBRUARY

IF YOU'VE A PASSION FOR THE OUTDOORS AND NATURE, AND GOOD CARPENTRY SKILLS WE'D LOVE TO SEE YOU!

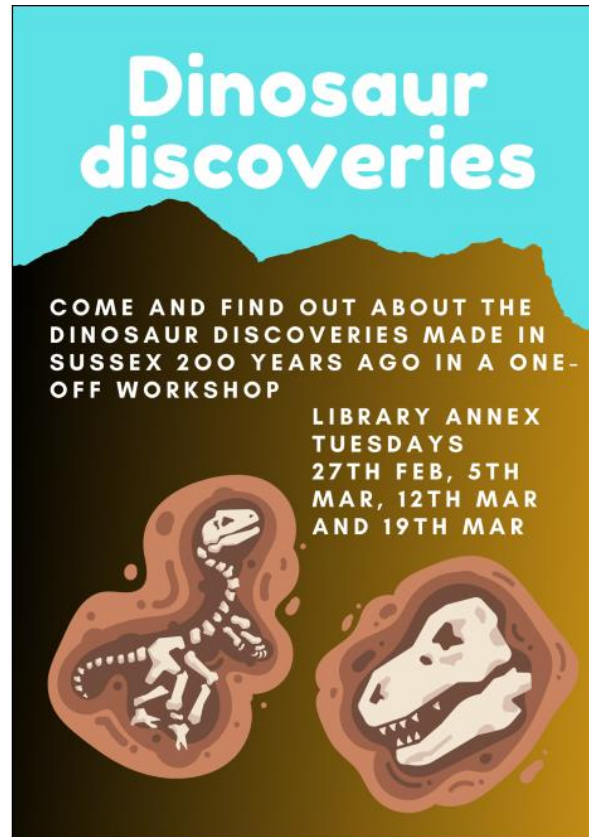
For more information contact  
[alex.waterfield@plumpton.ac.uk](mailto:alex.waterfield@plumpton.ac.uk)



## Dinosaur discoveries

COME AND FIND OUT ABOUT THE DINOSAUR DISCOVERIES MADE IN SUSSEX 200 YEARS AGO IN A ONE-OFF WORKSHOP

LIBRARY ANNEX  
TUESDAYS  
27TH FEB, 5TH MAR, 12TH MAR AND 19TH MAR




Plumpton College Presents

## POTTERY WORKSHOPS

Wednesdays 3pm Lower Common Room

The art of pottery is often described as therapeutic and relaxing. While spinning clay, your mind and body are in natural synergy, wrapped around your creative ambitions and goals. This thoughtful, artistic activity can open up the mind and relieve you of outside worries



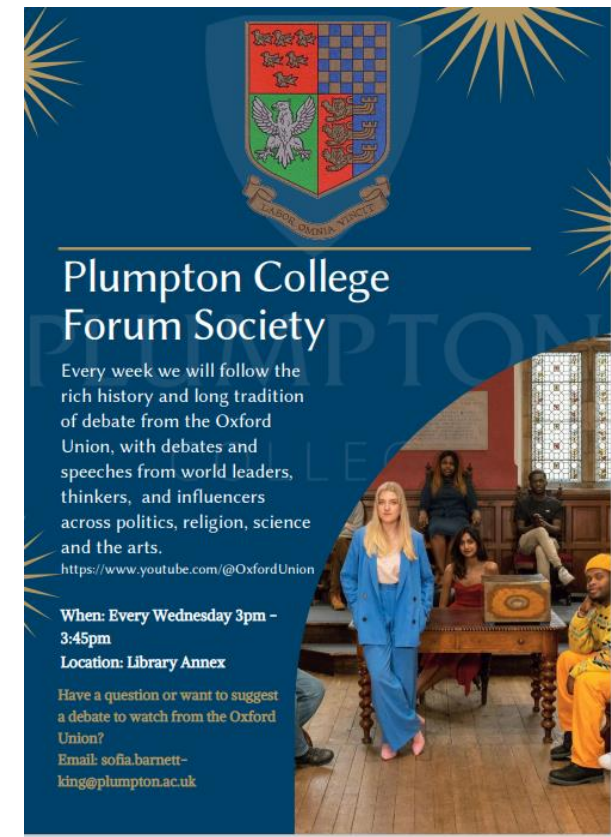
## Plumpton College Forum Society

Every week we will follow the rich history and long tradition of debate from the Oxford Union, with debates and speeches from world leaders, thinkers, and influencers across politics, religion, science and the arts.

<https://www.youtube.com/@OxfordUnion>

When: Every Wednesday 3pm - 3:45pm  
Location: Library Annex

Have a question or want to suggest a debate to watch from the Oxford Union?  
Email: [sofia.barnett-king@plumpton.ac.uk](mailto:sofia.barnett-king@plumpton.ac.uk)



# Check out our Enrichment Programme on Sharepoint

Tuesday Activities

Click here!

Wednesday Activities


Click Here!

Thursday Activities

Click Here!

PLUMPTON COLLEGE

## BOXING & FITNESS Circuits



TUESDAY 3PM - 4PM - SPORTS HALL

THIS IS A FITNESS CLASS INCORPORATING BOXING USING PADS & VARIOUS FITNESS STATIONS TO FOCUS ON STRENGTH & CONDITIONING. THIS WILL BE FUN AND YOU'LL HAVE A CHANCE TO WORK UP A SWEAT!!

Wear sports clothes/trainers and please bring water. Thank you. Gloves and Pads provided, but please bring your own if you have them.

PLUMPTON COLLEGE

## FOOTBALL TRAINING



WEDNESDAYS - 3pm  
SPORTS FIELD

PLEASE WEAR FOOTBALL BOOTS, SHINPADS AND BRING WATER

TEAM TRAINING  
WITH A FOCUS OF BUILDING A FOOTBALL SQUAD TO REPRESENT PLUMPTON COLLEGE

For more information, please contact Sport Lecturer Josh on [josh.bryant@plumpton.ac.uk](mailto:josh.bryant@plumpton.ac.uk) or message on Teams

PLUMPTON COLLEGE WILDLIFE AND CONSERVATION GROUP

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AND 19TH MAR

Plumpton College IT Team Presents

## Gaming Club

Wednesdays & Thursdays



# Plumpton College Enrichment Programme.

**We have some great new activities for you – Tues, Weds & Thurs 3pm.  
Please check out the enrichment programme by using the QR codes and  
book on!**

Tuesday Enrichment Classes 2024  
@ Plumpton College



Wednesday Enrichment classes  
2024 @ Plumpton College



Thursday Enrichment Classes 2024  
@ Plumpton College



Tuesdays enrichment

<https://forms.office.com/e/662tw4zGx7>

Wednesdays enrichment

<https://forms.office.com/e/s4fpLFKHxT>

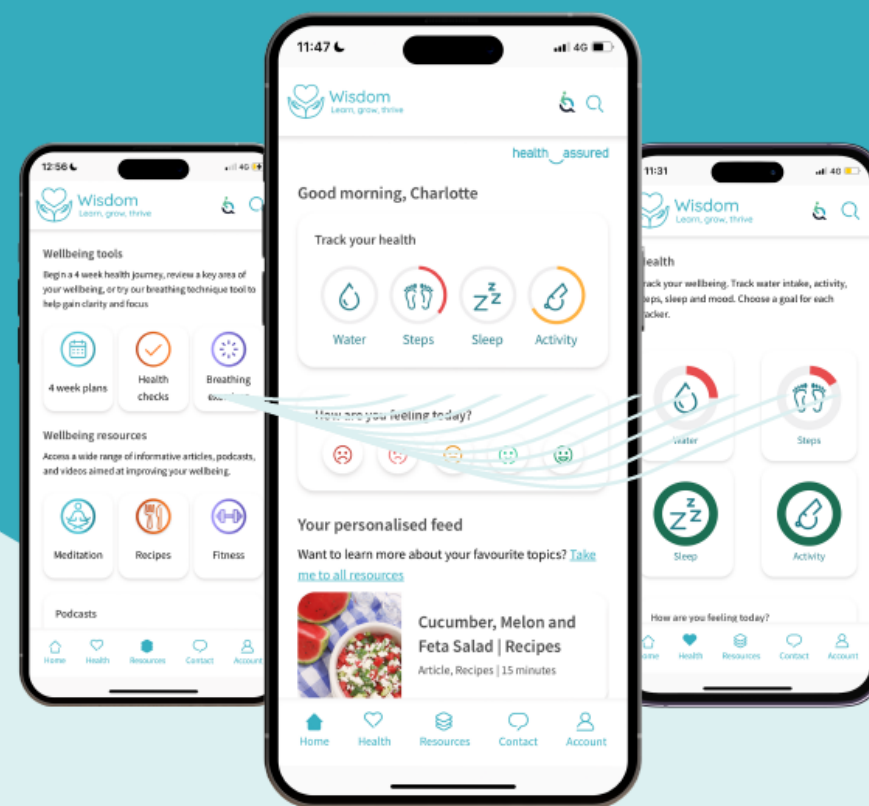
Thursdays enrichment

<https://forms.office.com/e/J6mLpKTZGn>

**Have you downloaded the new Student support App?**

New Wisdom App  
Download and enter the  
code now

Plumpton Code:  
MHA257939



Exciting features available on  
**The Brand New Wisdom App**



Wellbeing Trackers



Breathing Techniques



Four Week Health Plans



Mini Health Checks

Download and register today  
Wisdom | health assured

Unique code:

